

# The Answer Model



[www.theanswermodel.com](http://www.theanswermodel.com)

# CORE VALUES

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- Discover core values as a prime motivator for change
- Discover the betrayal of one's core values and the full realization of the impact of that self-betrayal - will elicit transformative experiences and lasting change
- Many people have core values in conflict - may create justifications for addictive and destructive behavior
- Addiction persona will try and convince you that things related to the addictive drive are in fact your core values
- Behavior follows Belief!