

# THE ANSWER MODEL WORKSHOP

## Relationships, Love, and Addictive Patterns



**SATURDAY, FEBRUARY 6, 2010**  
**9:00 a.m. – 4:30 p.m.**

Santa Monica College  
1900 Pico Boulevard  
Santa Monica, CA 90405

**THE ANSWER MODEL WORKSHOP WILL SHOW YOU HOW TO IDENTIFY AND OVERCOME THE ADDICTIVE PATTERNS THAT CREATE BLOCKS TO HEALTHY, LOVING RELATIONSHIPS**

THE ANSWER MODEL is an exciting new model of human behavior that suggests many of us become unconsciously addicted to our own pain and distress. Because distressing emotional states trigger the release of substantial amounts of endorphin and other rewarding brain chemicals, many people develop literal addictions to states such as anxiety, self-pity, and emotional “drama” that profoundly affect their relationships. THE ANSWER MODEL healing system has been shown to be extraordinarily effective in treating these addictive patterns as well as a wide variety of other psychological and physical ills.

In THE ANSWER MODEL WORKSHOP, John Montgomery, a Ph.D. in Neuroscience, and Todd Ritchey, an addiction specialist, will present information, tools, and exercises that will show you how to overcome unhealthy patterns in your relationships and how to be more fully alive and at peace in the present moment – just in time for Valentine’s Day!

**Pre-registration at [www.theanswermodel.com](http://www.theanswermodel.com) is highly recommended to ensure your seat as this is a limited- seating engagement.**

**Registration prices until January 30<sup>th</sup>, 2010:**

**Without continuing education credit: 1 person: \$75 / 2 people: \$140**

**With continuing education credit: 1 person: \$115 / 2 people: \$210**

For more information please go to [www.theanswermodel.com](http://www.theanswermodel.com) or contact us at: 310-521-6421 or [events@theanswermodel.com](mailto:events@theanswermodel.com)

The Answer Model is licensed by the California Board of Behavioral Sciences to provide Continuing Education for MFTs and LCSWs (PCE #4505) 6 Continuing Education Units are available for this workshop.